



# 2023 Community Report



Barbara Q. Decker, J.D.  
Executive Director  
Catholic Charities

## A Century of Help and Hope

This year marks a momentous occasion for Catholic Charities as we celebrate our centennial anniversary. For a century, we have worked diligently to provide a well-rounded circle of care to all who come to us in need of help. This is no small feat. Through these last one hundred years, Catholic Charities has grown and evolved to meet the ever-changing needs of those we serve.

This past year has been a busy one. We fed, sheltered and welcomed more people than in past years, serving more than 35,000 individuals across all program areas. I am confident Catholic Charities will continue to respond to the unique needs of our clients with a holistic, compassionate approach to set them up for individual success. It certainly is an exciting time at Catholic Charities.

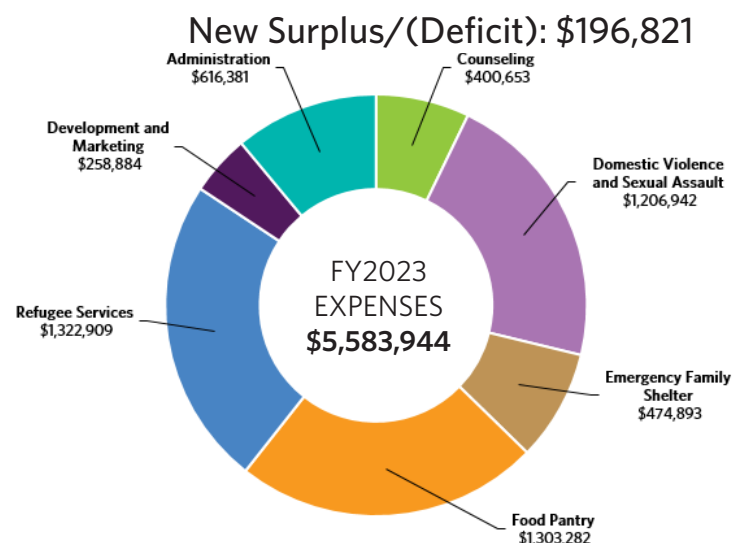
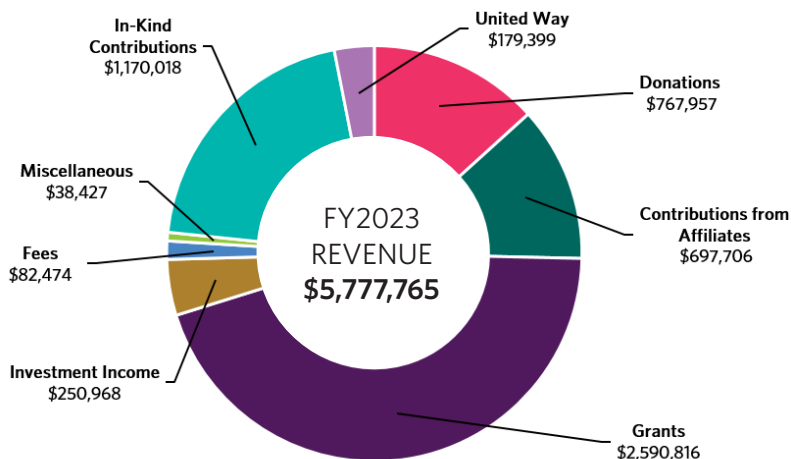
Over the past five years, I have appreciated the many interactions and experiences in service to others as we *Empower Individuals and Strengthen Families*. I am grateful to be able to lead this passionate team filled with individuals who go above and beyond to care for others. I am inspired that Catholic Charities will continue this legacy of excellence into the next century.

## BOARD OF DIRECTORS

- Most Rev. William M. Joensen  
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*Board Vice Chair*
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- Joe Stopulos
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- Laura Wenman
- Robyn Wilkinson
- Mark Witte

## Financials

### Catholic Charities • Fiscal Year Ended June 30, 2023



# THANK YOU

Because of your support, Catholic Charities, Diocese of Des Moines, is able to care for the people of Central and Southwest Iowa during their time of need.



*"I love my therapist here at Catholic Charities. She really works with you specifically, geared toward your unique self."*

- **Amy**, Catholic Charities' Counseling Client

*"Everyone has touched my heart here. If you are ready for change, this is the place to do it."*

- **Amber**, Catholic Charities' Domestic Violence and Sexual Assault Client



*"I think Catholic Charities plays a vital role in keeping families together and helping families get off the streets and reestablished into society."*

- **Isabella**, Catholic Charities' Emergency Family Shelter Client

*"I've been coming to the Catholic Charities' Food Pantry for 20 years and I love it. This is a great place to be and if you are in need of any help, this is a great place to come."*

- **Nancy**, Catholic Charities' Food Pantry Client



*"My case worker, every time I called him, he immediately responded. The things he has done for me, I think I will never forget. He's a member of my family, he is my brother."*

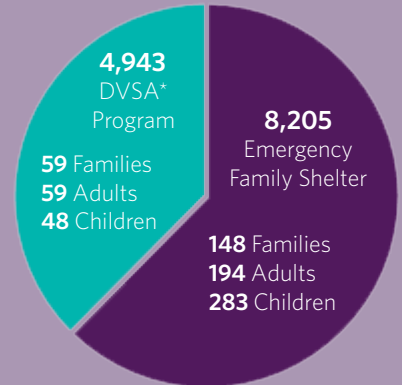
- **Kayumba**, Catholic Charities' Refugee Services Client

## Impact in Action 2023

**More than 35,000 served.**

### Housing

Nights of Shelter: **13,148**



\* Domestic Violence and Sexual Assault

### Feeding

**34%**

increase in clients fed daily.\*



**45%**

increase in clients fed monthly.\*

\* From previous year.



of food rescued and given to those who are hungry.

### Uplifting

**1,416**

counseling sessions heard

**1,350**

domestic violence and sexual assault survivors aided

### Welcoming



**239**

refugees resettled

109 Adults

130 Children

From: Afghanistan, Burma, Burundi, Democratic Republic of the Congo, Eritrea, Guatemala, Ivory Coast, Iraq, Somalia and Syria.

### Post-resettlement

**118**

refugees aided

75 Adults

43 Children

Catholic Charities helped refugees with securing employment, finding childcare, enrolling their children in extracurricular activities, connecting them to community resources and **MUCH MORE!**



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**catholiccharitiesdm.org**