Guided by the teachings of the Catholic Church, we serve all people in need with compassion, competence, advocate for justice and encourage all people of good will to join in these efforts.
Dear Friends,

Since the inception of the Diocese of Des Moines, 100 years ago, the Catholic Church has reached out to the poor and vulnerable in central and southwest Iowa in their time of need. Today, we know this Catholic response to social needs as Catholic Charities.

Just as the Most Reverend Thomas W. Drumm intended in 1925 when Catholic Charities officially came into existence, the agency provides an organized, compassionate, professional response to the ever-changing needs of our friends and neighbors.

I invite you to learn more about our efforts and find your way to assist us in our work, through volunteer efforts, board or committee participation, donations, and prayer for those we serve now and in the years to come. Many will benefit from your involvement, especially you.

Sincerely Yours in Christ,

Most Reverend Richard E. Pates

From the President

Most Reverend Richard E. Pates
Bishop of the Diocese of Des Moines
President, Catholic Charities
Dear community of supporters,

As we look back at this past year and reflect on the significance of our major initiatives and accomplishments, it becomes clear that Catholic Charities is as dynamic as the people and communities we serve.

Our ability as an agency to respond to evolving needs and societal changes is essential as we maneuver through recessions, “belt-tightening” and the new challenges our clients face.

As a Catholic Charities supporter, you are part of this dynamic response to help the poor and vulnerable. This year, you helped us rise to the challenges of possible program closure (Refugee Resettlement, page 6) and an overwhelming need in our community for family housing for the homeless (St. Joseph Expansion, page 5).

We are grateful for your participation in these important efforts and ask for your continued prayers, support and encouragement.

Sincerely Yours,

Nancy Galeazzi

Nancy Galeazzi
Executive Director
Catholic Charities
MAJOR OR NEW INITIATIVES IN FY2011

ST. JOSEPH EMERGENCY FAMILY SHELTER – REMODEL AND EXPANSION
As the only emergency shelter in Polk County where entire families are able to stay together (moms, dads and children of all ages), this was an extremely important project for our community. The expansion doubled the number of bedrooms and improved the quality of services Catholic Charities offers to families who are working to move from homelessness to self-sufficiency. The addition included five new bedrooms, renovation of the kitchen, expansion of the dining room, a playroom addition and handicap accessibility.

- 288 people found shelter at St. Joseph last year
- Nearly 60% were children

RECORD AWARENESS IS SPREAD ABOUT HOMELESSNESS AMONG FAMILIES DURING THE 2010 NO ROOM AT THE INN EVENT
Due in part to local and national attention brought by the addition of a nearly-life sized butter nativity sculpture by Iowa State Fair butter artist Sarah Pratt, attendance at the annual No Room at the Inn homelessness awareness event was up resulting in an increase in the number of people who know the importance of shelter for homeless families as well as the great need for it in our community.
FIRST FULL YEAR OF INDEPENDENTLY RESETTLING REFUGEES

Beginning July 1, 2010, Catholic Charities began resettling refugees independently after a 15 year collaboration with Lutheran Services in Iowa. Refugees are individuals who come to the U.S. legally because they have been forced to leave their homeland due to war and persecution. Resettlement efforts include assisting with housing, food, transportation, cultural orientation and job placement for the first 90 to 180 days.

- Catholic Charities has a history of refugee resettlement in Des Moines which began with Polish refugees in the late 1940s. Resettlement services continued into the 1970’s when the United States Catholic Conference began implementing a Southeast Asian refugee resettlement program. Catholic Charities independently resettled refugees from this region between 1975 and 1995 and then joined efforts with Lutheran Services in Iowa for 15 years. During this collaboration refugee families from the Sudan, Bosnia, Somalia, Bhutan, Burma, Vietnam, Cuba and Iraq were settled in Iowa.

- 158 refugees were resettled through Refugee Resettlement at Catholic Charities this year. Almost 40% were children.

- Volunteer power is essential! More than 5000 hours of volunteer time from 280 volunteers was donated this year to refugee resettlement.
MAJOR OR NEW INITIATIVES IN FY2011

PHOENIX HOUSE DOMESTIC VIOLENCE SHELTER & SEXUAL ABUSE PROGRAM
The Phoenix House had a record year for prevention and awareness efforts. Successful awareness campaigns in both October for Domestic Violence Awareness Month and in April during Sexual Assault Awareness Month produced proclamation signing with Mayor Tom Hanafan of Council Bluffs, Omaha Mayor Jim Suttle and community leadership from organizations such as the Pottawattamie County Sheriff’s Office, Council Bluffs Public Schools, Council Bluffs Police Department and Iowa Western Community College and Kaplan University.

The Art of Healing

A focus on violence prevention impacted 978 students in the Council Bluffs area, including middle school, high school and college students and over 400 area professionals and community members through specially developed curriculum and presentations.

- Assisted 815 victims of Domestic Violence and 58 victims of Sexual Assault.
- Provided shelter to 97 women and 78 children for a total of 7654 nights of shelter.
- Provided one on one counseling to 193 women.
- Assisted 222 people in criminal court and 128 in civil court.
- Responded to 52 calls from hospitals for assistance after SA or DV assault.
HISPANIC COMMUNITY OUTREACH PROGRAM (HCOP)
HCOP began offering nutrition classes in collaboration with Iowa State Extension’s Expanded Food and Nutrition Education Program. A free nutrition program was given in Spanish to families who were interested in learning about healthy foods. The program took place one day per week and lasted eight weeks. The first hour participants received nutrition information and the second hour they received important information about specific resources available to the Hispanic community from services providers invited to present to the group. After participants completed their course, they received a certificate of completion from Iowa State University. Now, program participants are more likely to buy nutritional food, leading to a better diet for the entire family.

• 110 students graduated from Computer Classes for Spanish speaking adults.
• More than 200 people took part in Know Your Rights presentations.
• More than 550 calls for assistance were received resulting in referrals, information about education opportunities or direct service.

A NEW BEGINNING ADOPTION & PREGNANCY COUNSELING
• 81 women experiencing an unplanned pregnancy and affected individuals received counseling totally nearly 300 hours.
• 3 babies were placed into adoptive family homes.
• 35 adoption searches were requested and researched resulting in reuniting 7 adopted individuals with a birth parent.
MAJOR OR NEW INITIATIVES IN FY2011

PROFESSIONAL COUNSELING (COUNCIL BLUFFS AND DES MOINES OFFICES)
• 792 new clients received professional counseling by licensed therapists.
• 213 individuals received financial assistance through the Council Bluffs Counseling office and Interfaith Response.

ST. MARY FAMILY CENTER
• 599 individuals directly benefited from financial assistance for rent or utilities, one of St. Mary’s many efforts to assist in preventing homelessness.
• Almost 100,000 diapers were given out and nearly 900 cans of infant formula were distributed.
• An average of 570 food boxes were distributed each month reaching the mouths of thousands of individuals.
• An average of 78 new families received food boxes each month.

VOLUNTEERS
Last year, more than 500 volunteers donate their time and expertise through Board and committee involvement, direct service, communication with parishes, volunteering with special events and a number of other ways. Catholic Charities would like to thank each and every one of you!
SOCIAL JUSTICE CONSORTIUM

Catholic Charities Social Justice Consortium promotes the social justice mission of the Catholic Church through a coordinated effort to work towards a comprehensive and consistent ethic of life for the pursuit of the common good. Led by Most Reverend Richard E. Pates, the group includes individuals whose ministry involves social justice issues and utilizes their expertise for a broader impact. Two new initiatives were added this past year, Rural Life and Biomedical Ethics.

MAJOR OR NEW INITIATIVES IN FY2011

CONSORTIUM INITIATIVES

- Respect Life
- Catholic Relief Services
- Biomedical Ethics
- Iowa Catholic Conference
- Justice for Newcomers
- Rural Life

- Catholic Campaign for Human Development
- Center for Social Ministry
- Domestic Violence/Sexual Abuse Advocacy
- Disaster Preparedness & Response
- Poverty Campaign
## FINANCES FOR FY2011

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$513,926.25</td>
<td>13.9%</td>
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<tr>
<td>Annual Diocesan Appeal*</td>
<td>$225,036.00</td>
<td>6.1%</td>
</tr>
<tr>
<td>Extraordinary Income**</td>
<td>$855,765.66</td>
<td>23.2%</td>
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<tr>
<td>Bequests</td>
<td>$240,340.92</td>
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<tr>
<td>Grants</td>
<td>$956,791.33</td>
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<tr>
<td>United Way (Central Iowa and Midlands)</td>
<td>$581,584.09</td>
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<tr>
<td>Investment &amp; Endowment</td>
<td>$126,992.26</td>
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<tr>
<td>Fees</td>
<td>$189,949.48</td>
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<tr>
<td>Total Revenue</td>
<td>$3,690,385.99</td>
<td>100%</td>
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</tbody>
</table>

* The Diocese of Des Moines Annual Diocesan Appeal supports Catholic Charities by providing both direct operating revenue as well as facility and administrative support.

** Extraordinary income represents funds designated for the expansion of St. Joseph Emergency Family Shelter and assets attributed to a warehouse gifted to Catholic Charities in FY2010/2011.
FINANCES FOR FY2011

<table>
<thead>
<tr>
<th>Expenses</th>
<th>Amount</th>
<th>%</th>
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</thead>
<tbody>
<tr>
<td>Counseling</td>
<td>$437,438</td>
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<tr>
<td>Adoption &amp; Pregnancy Counseling</td>
<td>$69,291</td>
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<tr>
<td>St. Joseph Emergency Family Shelter</td>
<td>$263,585</td>
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<tr>
<td>St. Mary Family Center</td>
<td>$119,542</td>
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<tr>
<td>Hispanic Outreach</td>
<td>$111,316</td>
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<tr>
<td>Refugee Resettlement</td>
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<td>Domestic Violence</td>
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<tr>
<td>Development</td>
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<td>Administration</td>
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<tr>
<td>Transfer to Endowment</td>
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<tr>
<td>Financial Assistance</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$2,847,755</strong></td>
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*Pre-audited revenue and expense amounts shown here are for fiscal year 2010/2011. Catholic Charities is audited annually by an independent public accounting firm. For more information visit www.CatholicCharitiesDM.org*
LOCATIONS AND CONTACTS:

A New Beginning  |  Des Moines Counseling  |  Migration & Refugee Services
601 Grand Ave.  -  Des Moines, IA 50309
Phone 515-237-5045  -  Fax 515-237-5099

Council Bluffs Counseling  |  Phoenix House
300 W. Broadway Suite 223  -  Council Bluffs, IA 51503
Counseling Program: 712-328-3086  -  Phoenix House Phone: 712-256-2059

St. Joseph Emergency Family Shelter
1535 11th Street  -  Des Moines, IA 50314
515-282-1235

St. Mary Family Center
1815 Hubbell Ave.  -  Des Moines, IA 50317
515-262-7290